Welcome to the:

# **Kidney Updates 2022**

August 23, 2022 The Hotel Hershey





### **THANK YOU**

We would like to thank the following program collaborators:

### Platinum Sponsors

- Bayer
- Dialysis Care Center
- Fresenius Renal Pharmaceutical
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### **THANK YOU**

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Planning Committee Members:

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- Rebecca Brown MSN, RN CCTC
- Michelle Carraher, BS
- Nasrollah Ghahramani, MD, MS, FACP
- Phyllis Hicks BSN, RN, CLSSGB
- Linda Koval, BS MJ
- Kim Mentzer, RD, LDN
- Rajiv Sharma, MD
- Kristy Washinger, MSN, FNP-BC
- Lynne Wright, MSW, LSW









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### **PLEASE NOTE:**

- Instructions to access the Wi-Fi can be found in your handout packets
  - Network: Hershey-Meeting
  - Access Code: kidney22





### **OBJECTIVES**

Upon completion, participants should be able to:

Identify complications of opioid use among patients with chronic kidney disease

Recognize the importance of control basics when providing dialysis treatment both in-center and outpatient

Identify and express the principles of mindful eating







## **AMA CREDIT**

#### **AMA**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Penn State College of Medicine and The Kidney Foundation of Central Pennsylvania.

Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credit(s)**<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Nurses Using AMA Credit**

Nurses will receive a certificate from Penn State College of Medicine verifying their participation in 6.25 hours of approved continuing medical education.

Continuing education activities which are approved by accredited institutions of higher education and that are relevant to patient care or professional nursing meet the requirements of mandatory continuing education for registered nurses in Pennsylvania, as required by the Pennsylvania State Board of Nursing. The Board of Nursing recommends that nurses retain their certificates for a period of at least five years. Additional information is available through the State Board of Nursing at: https://ce.med.psu.edu/nurse-credits.

These credits meet the criteria set by the ANCC, American Nurses Credentialing Center as contact hours that are acceptable for renewal certification. Additional information is available through the American Nurses Credentialing Center at <a href="https://www.nursingworld.org/certification/faqs/#renewal">https://www.nursingworld.org/certification/faqs/#renewal</a>.







# SPECIALTY CREDIT

#### Pennsylvania Academy of Nutrition & Dietetics

This program is acceptable for a maximum of 6.5 Level 2 credits from the Commission on Dietetic Registration.

#### **Social Work**

Penn State is an approved provider as defined by Pa. Code Sections 47.36(a)(3), 48.36(a) (3), and 49.36(a)(3). Social workers, marriage and family therapists, and professional counselors licensed by the state of Pennsylvania can earn *6.25 clock hours* of continuing education for completing this course.







### DISCLOSURE

Penn State College of Medicine is committed to offering CME programs that promote improvements or quality in health care and are developed free of the control of ineligible companies (formerly known as a commercial interests). Reasonable efforts have been taken to ensure that our programs are balanced, independent, objective, scientific, and in compliance with regulatory requirements. Faculty and course directors have disclosed all relevant financial relationships with ineligible companies, and Penn State has a process in place to mitigate any conflict of interest. Disclosure of a relationship is not intended to suggest or condone bias in a presentation, but is made to provide participants with information that might be of potential importance to their evaluation of a presentation.







# The following speaker and planning committee member discloses:

Irfan Agha, MD Speakers bureau — AstraZeneca, CareDx, GSK

Faisal Aziz, MD, FACS, Distinguished FSVS Speakers bureau — Janssen

Umar Farooq, MD, MS\*\*

Speakers bureau — Bayer

Consultant, advisor - Horizon Pharmaceuticals

Research grant — Ablative Solutions, Genentech, Remegen Surju Patel, MD, MHA Stock ownership — Fresenius Kidney Care, UPMC Employment affiliation — UPMC

All of the relevant financial relationships listed for these individuals have been mitigated.







# The following speakers and planning committee members have no conflicts of interest to disclose:

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#### **EVALUATION/CERTIFICATE**

Evaluation of this activity is integral to the CME process. Please complete the evaluation at

https://www.surveymonkey.com/r/E6762eval. This link will be available through **September 13, 2022**. Please note that if you do not complete this evaluation through the provided link, your credit certificate issuing will be delayed. A certificate will be emailed to you within 4 weeks if the evaluation has been completed. For information specific to continuing medical education credit, call Continuing Education, at (717) 531-6483 or email <a href="mailto:ContinuingEd@pennstatehealth.psu.edu">ContinuingEd@pennstatehealth.psu.edu</a>

For information regarding Pennsylvania Academy of Nutrition & Dietetics credit please contact Phyllis Hicks, BSN, RN, CLSSBG at 717-652-8123 or email phyllis@kfcp.org.









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